



UOL BULLETIN

UKRAINIAN ORTHODOX LEAGUE OF THE UNITED STATES OF AMERICA

Dedicated to our Church -- Devoted to its Youth

VOL. 62 NO. 2

OCTOBER 2015



Junior UOL Convention 2015 - Submitted by Jr. UOL President - Kateryna Kocelko

On Thursday, July 23rd 2015, the Junior and Senior members of the UOL traveled to Northampton, Pennsylvania for the 68th Annual UOL Convention. After the Junior and Senior executive boards had their pre-Convention meeting, the Juniors and Seniors gathered together to commence their first business session together. We heard from the convention chairpersons, Martha Misko and Linda Winters, the spiritual advisor, V. Rev. Bazyl Zawierucha, and the Junior and Senior Presidents.

Then we split up into separate Junior and Senior meetings and began our sessions. The Juniors voted on a big change for the national executive board, by combining two of the positions into one secretary position for the coming years of the board. We split up into committees with just the Juniors to come up with new ideas for next year. We then combined back with the Seniors to have joint committee sessions to end the business sessions for the evening. Everyone then met in the hotel chapel for evening prayers before heading to hospitality night hosted by Northampton!

The next morning, July 24th, the convention body gathered at the chapel in the hotel for Divine Liturgy. After brunch the Juniors commenced their second business session. We split up into our separate Junior meeting and began our sessions. We started the day

with a Hierarchal address from His Eminence Metropolitan Antony and he then did our first round of Chapter Challenge. We then split into the junior committees to finish up our ideas and then moved into joint Junior/Senior groups to finish up those reports. We were then blessed to have the opportunity to hear Justina Mills talk to us about her job as intern for the Office of Youth and Young Adult Ministry and her project "Pray for Your Patron Saint." We then gathered in the chapel for evening prayers, and after that we spent the evening at the Dine and Dance at the BW.

Saturday morning we had morning prayers in the Chapel and then had breakfast.

The Juniors then split into their own sessions and awaited their Hierarchal address from His Grace Bishop Daniel. Bishop Daniel spoke to the Juniors about choices and how every day we are faced with the option to take the right path or the wrong one, and



(continued on page 5)



The 69th Annual U.O.L Convention

Hosted By:

Holy Ghost Ukrainian Orthodox Church

Coatesville, PA

July 27-31, 2016

"Be quick to hear, slow to speak & slow to anger"

James 1:19

Convention Information: holyghostuoc.org/2016



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UOL Bulletin - Published seven times annually - September, October, November, January/February, March, April and June.

The absolute deadline for each monthly issue is the 1st of the prior month. Photos will not be returned.

Note to Contributors: All articles submitted to the UOL Bulletin must be in 12 point Times New Roman (font), or typed and double spaced in 12 point type. Articles may be submitted via e-mail attachments. (Submit to: nsufler@aol.com). If submitting photos please be sure to obtain consents for photos to be included in the UOL Bulletin.

The editor reserves the right to condense any material submitted. Material cannot be returned.

MESSAGE FROM THE SENIOR UOL PRESIDENT

Michael J. Komichak

Remembering the past while preparing for the future



Glory to Jesus Christ! Slava Isusu Khrystu!

The Senior and Junior National Executive Boards held their fall meetings a little earlier than usual this year in order to better prepare for a very busy year ahead. The meetings took place at the UOC of USA Metropolia Center in South Bound Brook, NJ on Saturday August 22, hosted by the St. Sophia Seminary UOL chapter. Two of the important items discussed were the League's plans for participating in the upcoming Holodomor famine-genocide memorial dedication, and the appointments of the various UOL Commission and Committee chairs for this year.

Next month a truly historic event in the life of our Ukrainian community will take place in our nation's capital. On Saturday November 7 at 2 PM, a memorial to the 10 million victims of the 1932-33 Holodomor genocide in Ukraine will be dedicated in Washington, DC. The memorial is located on a very prominent site across the street from Union Station not far from the U.S. Capitol building.

In conjunction with the dedication, a display inside Union Station chronicling the history of the Holodomor will be open to the general public for two weeks beginning November 1. The display is in a high-traffic area through which thousands of people pass every day. A reception at the display will occur on Friday evening November 6 at 7 PM. A memorial concert will take place on Sunday November 8 at 2 PM in Lisner Auditorium on the campus of George Washington University. Details of all the weekend's events can be found at www.ukrainegenocide.com.

If you are able to travel to participate in the dedication, I encourage you to attend. Busses to the event and overnight hotel accommodations in the Washington, DC metropolitan area are being organized in many cities. This will be the largest gathering of the Ukrainian-American community since the dedication of the monument in Washington, DC honoring Taras Shevchenko over 50 years ago. An event of this scale may not occur again in our lifetime. It is especially important for you to bring your children. They will always remember being a part of history, and they will help increase public awareness of the dedication and the story of the Holodomor by carrying a description of their experiences back to their friends and classmates.

The UOL has formed a special Holodomor memorial committee chaired by Daria Pishko Komichak to encourage and facilitate maximum attendance and participation by the UOC of USA parishes. Daria is also the Executive Secretary of the national committee that has worked for the past decade to make this memorial a reality. Please keep Daria (dapia@aol.com) and your chapter liaison informed of your parish's and chapter's plans to be a part of this event.

Aside from preparing for the Holodomor memorial dedication in Washington, DC, the NEB is making plans to organize the other projects and activities leading up to the 69th Annual UOL Convention this summer in Coatesville, PA. The following individuals have volunteered to serve as chairs of the various NEB Commissions and Committees:

- | | |
|-----------------------------------|--------------------------|
| Commissions | |
| Christian Caregiving and Missions | Pani Olena Sendeha |
| Education | Janice Meschisen |
| Public Relations | Karen Ferraro |
| Ways and Means | Alexander Shevchuk |
| Youth | Daria Pishko Komichak |
| Committees | |
| All Saints Camp Delegate, Awards | Christine Mills |
| Annual Fund Drive, Tribute Fund | Nina Coker |
| Archives, Essay Contest | Teresa Linck |
| Constitution, Handbook | Daria Pishko Komichak |
| LSSK Scholarship | Alexis Oryhon Schumacher |
| UOL Bulletin | Natalie Bilynsky |

Please remember to keep the lines of communication open so that the NEB and the other UOL chapters know what your chapter is doing in your parish and in your local community. Whether it is a description of your trip to the Holodomor dedication, or highlights of your Thanksgiving community outreach project, or a photo from your Souper Bowl Sunday fund raising event, we would love to read about your chapter in an upcoming issue of the UOL Bulletin!

Yours in Christ,
Michael J. Komichak



ASK FR. HARVEY
Questions answered
by Fr. John W. Harvey

Recently I was told by a young person that marijuana smoking greatly helped to give a deeper understanding of the Bible and their faith and that they appreciated its use. I defer to you to counter this rash assumption.

Use of mind bending drugs is not just a contemporary phenomenon, but we have hints of this in the Old Testament, thousands of years ago. When Scripture is speaking about true and false prophets, the use of drugs is more than hinted at. The false prophets and false worship took place in the high places. These were mountain tops with sacred groves of trees and people worked themselves into a frenzy and used herbs and vegetation to come to visions and altered consciousness. Indians today use peyote in the same way for the same effect. It is not that brilliant revelations or prophecies come out, but rather the herb scrambles the mind and odd things come out. Scripture contrasts true prophecy which comes from God and does not need medicinal enhancement and is 100% accurate, to prophecy derived from drugs and medications which is rarely even vaguely accurate.

Marijuana gives its user a sense of expanded consciousness and supposed brilliant insights. The fact is that while the brain seemingly is stretched and depth of understanding is enhanced, the person is actually in a state of delusion. To base your life and its direction on "feelings" is daft but to do so at the prompting of drug-induced "insight" is even more so!

In the 1960s I knew a psychologist who began using LSD in her counseling practice and she was amazed by the revelations from her patients, who used this stuff. Initially this was considered a breakthrough, but then you had people who had bad "trips," some ending in suicide. Some so flipped out that their minds and lives never returned to normal. This chemical concoction wildly scrambles the brain, but it is not brilliance that is revealed, but delusions. What was hoped to be a welcome medical tool actually became a significant medical problem and nightmare.

All of the various drugs certainly can give a "high," but the downside can be frightful. All of the ages of man seem to be attracted to use of drugs that promise great insight, rush of good feeling or just a false sense of well being. In actuality, it can ultimately change one's life for the worse, but most pitifully such people never come to realize that supposed wisdom gained from use is but empty delusion. Their mind has tricked them to believe that they have acquired special knowledge and insight through use.

In taking hormonal therapy post-surgery, in my case, I had the strange experience for a time of a great rush of well-being that practically swept me off my feet. Life was soooo good and I felt soooo great. This was a hormonal high. It felt great, but at the same time it was not a true barometer of my health or my surrounding world. I certainly enjoyed the feelings as they came, but I realized that this was a bit artificial and so did not place my trust in them. Feelings can be very delusionary if you depend on them as a guide in life, even more delusionary are feelings prompted by drugs, whether natural or chemically produced.

Returning to Bible study or prayer under the influence of marijuana or any other drug or manufactured substance, what results is a delusionary experience not to be trusted. Those who put their full credence in such hallucinatory experiences are under the influence of delusion and this is called prelest. Self-delusion is sad and those enmeshed in it often have no clue to the depth of their folly.



Submit your questions to Fr. Harvey - you can email to nsufler@aol.com. All questions are printed anonymously.

**69th Annual UOL Convention
July 27- 31, 2016
Coatesville, PA
Sunflowers for Convention**

More than just a pretty flower, the sunflower is the national flower of Ukraine and has become a cherished symbol of our heritage. If you share Holy Ghost's fondness for sunflowers, please plant sunflower seeds in the spring, photograph the plants when they are in full bloom and mail the photos to the address below. All photos will be displayed at the convention and prizes will be awarded.

Send your photos to:
Carol Bentley
818 Barley Sheaf Road
Coatesville, PA 19320



**NEWS FROM THE
JUNIOR UOL
PRESIDENT**

Kateryna Kocelko



Glory to Jesus Christ!

It's already October and the Jr. UOL is off to a great start. We held our first meeting on August 22nd in South Bound Brook, New Jersey. The Junior Board set a goal for the year. That goal is to recruit six new chapters, and try to get at least one member of each chapter to this year's annual convention.

The Juniors really enjoyed being in South Bound Brook for the Ukrainian Independence Day Celebration.

Here is an updated list of this year's board member's liaisons and committees. Feel free to contact them with questions, concerns or ideas throughout the year.

President: Kateryna Kocelko

Liaisons: Pittsburgh, PA, Carnegie, PA and Northampton, PA

Committee: Pysh Travel Grant

Vice President: Erica Holowko

Liaisons: Carteret, NJ and Philadelphia, PA

Committees: Technology Committee and Annual Raffle

Secretary: Sophia Dobronos

Liaisons: Johnson City, NY and Youngstown, OH

Committees: Membership Chapter Development and Connecting the Church

Financial Secretary: Orest Mahlay

Liaisons: Palos Park, IL and Parma, OH

Committee: Christian Caregiving and Missions

Treasurer: Kira Kuzmenchuk

Liaisons: Boston, MA, Coatesville, PA and Woonsocket, RI

Committees: Culture, Education and Fundraising

Hopefully, everyone has been able to hold their first meetings at your home chapters and has had elections. If you have yet to turn in your election report forms please turn them in to our Secretary, Sophia, as soon as possible. Please feel free to look at the committee reports from convention to get some new ideas to further your chapters as a whole. All of the committee reports are available on the UOL website.

Every chapter should have turned in their dues and roster to our Financial Secretary, Orest Mahlay, by now. If you have not, please do as soon as possible. The deadline was September 30th. The forms are online on the UOL website.

Please use the website throughout the year to stay updated on events going on throughout the year, or like the UOL facebook page and the new Junior UOL twitter account @jrUOLoftheUSA.

I pray that you all have a successful year. Feel free to contact me or any of the other board members throughout the year with questions, updates or for anything.

We would love to hear from you. I will continue to pray for you this year as I hope you all will for the entire board, including me.

Yours in Christ,

Kateryna Kocelko

**UOL 101 - The Beginning and the Importance of Chapters
Submitted by Natalie Bilynsky**

In the last year our Philadelphia UOL Chapter has been working diligently to increase membership. As part of this process we have been introducing the UOL to new members and taking the time to explain the history of the UOL and its projects. This process has been rejuvenating for me as it has forced me to explain the importance of the UOL within our Church, and has also allowed me to acknowledge the wonderful accomplishments of the UOL. I was thinking that it might be helpful to have a column this year in the UOL Bulletin that provides an overview of the structure of the National UOL and a description of UOL projects. The plan is to have an overview of the UOL, similar to an entry level class, "UOL 101," with me as the writer.

So let's start from the beginning. The Ukrainian Orthodox League (UOL) of the USA was established as a result of an action taken at the Seventh Sobor of the Ukrainian Orthodox Church of the USA, authorizing the formation of a national youth organization. In a nutshell, there was a discussion about 70 years ago about how to encourage involvement of the youth in our Church. It is amazing to me that this question, that faced our Church seven decades ago, is still relevant and one that we continue to address. With the guidance of clergy and lay people an organization was formed.

The Ukrainian Orthodox League is a national volunteer organization of members of the Ukrainian Orthodox Church of the USA, who are committed to promoting the Orthodox faith, supporting the Church, developing the potential of our youth and their active participation, and preserving Ukrainian heritage and culture.

Here are the goals of the UOL (as found in the UOL Handbook):

GOALS OF THE UOL

- Promoting active participation in all aspects of the Orthodox faith and supporting the Church.
- Developing and maintaining programs and projects which educate members and promote dedication and commitment to the Church, Her teachings, traditions, and missions.
- Providing opportunities for the development of leadership skills and responsibility among the youth of the Ukrainian Orthodox Church of the USA.
- Providing and promoting information on Ukrainian heritage and history to the general public and establishing means which ensure the continuation of cultural awareness and pride within our membership.

The cornerstone of the UOL is the chapter. I know that there has been some discussion on having an increased focus on members at large, not affiliated with a chapter. While I think that this is important for areas that do not have parishes, it is essential that parishes form chapters. The essence of the UOL is the community and family that is built within a chapter. Indeed, the very beauty of the UOL is the community that is developed within the chapter. The UOL chapter creates a family in Christ. One where individuals get to know each other, work together, care for each other, pray together, and learn about our faith together. The chapter becomes the nuclear family – the nuclear community with ties to other communities (other chapters).

In addition to the connections that are formed within the chapter, the UOL is a unique organization within the Ukrainian Orthodox Church of USA that creates bridges between parishes. Given the history of the UOL in building community, the UOL can be used to build networks, so that everyone can share best practices and lessons learned.

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Holodomor Memorial Dedication
N. Capitol Street & Massachusetts Avenue, NW
Washington, DC

Submitted by Daria Pishko Komichak

The Holodomor was a devastating, politically-engineered famine in Ukraine in 1932-33. On October 13, 2006, President George W. Bush signed HR562, sponsored by Rep. Sander Levin (D-MI), which granted the government of Ukraine the opportunity to erect on federal land in the District of Columbia a memorial to the victims of the Holodomor. The site for the memorial was approved on October 2, 2008.

In September 2012, final design plans for the "Field of Wheat" concept were approved by the Commission of Fine Arts and National Capital Planning Commission. The Holodomor Memorial was designed by Ukrainian American architect Larysa Kurylas.

In 2003, on the occasion of the 70th Anniversary of the Ukrainian Holodomor, President Bush issued a statement which read in part: "The world must teach lessons from this dark chapter in [Ukrainian] history to future generations and prevent atrocities like this in the future...It is because of this, that the Ukrainian-American community considers it extremely important that a



monument to the millions of innocent victims of this Famine-Genocide be built in our nation's capital...[that] would serve as not only a memorial to those who perished, but also as a tool to help educate the global community about such heinous crimes."

Now finally, on November 7, 2015, the Memorial will be dedicated at an event sponsored by the US Committee for Ukrainian Holodomor-Genocide Awareness 1932-33 and the Embassy of Ukraine. Ukrainian-Americans from across the country are planning to attend this historic celebration.

At the 68th UOL Convention in Northampton, Pennsylvania, the delegates recommended that the UOL take an active role in coordinating and encouraging support and attendance of this event. Details will be disseminated over the coming weeks through our parishes and Chapter Presidents.

We encourage all UOL members to participate.

Grace Shining Forth...

2016 Lenten Retreat

Grace Shining Forth...
Growing in Orthodoxy... Growing in Ministry

Getting Ready to Shine (Boot Camp for the Soul)
 Planting the Seed - Ministry to the Young
 Polishing the Apple - Ministry to the Young at Heart

Plan now to attend - Please save this date
 Registration begins in early January

Sponsored by the Ukrainian Orthodox League of the USA

Saturday, March 19, 2016
 9:00 AM to 5:00 PM

Villa Maria Education and Spirituality Center
2067 Evergreen Road • P.O. Box 424 • Villa Maria, PA 16155 • Phone: 724-964-8886

 Ukrainian Orthodox League of the USA
 Dedicated to our Church... Devoted to its Youth

Quilt Raffle - 2016 National UOL Convention

Sponsored by the Holy Ghost UOC

Senior and Junior UOL Chapters - Coatesville, PA

To be raffled off at the 2016 National UOL Convention: An original, signed quilt, queen/king size, entitled "Lightening Strike." Created by: C. Joyce Horst. Value: \$1,455.00

C. Joyce Horst is a talented quilter whose creations have been commissioned for Pennsylvania's Governor's Mansion, the United States White House and have been featured in Hollywood movies. The quilt entitled "Millenium" was raffled off to benefit the Breast Cancer Society and raised \$30,000 for the cause.



Holy Ghost will have raffle tickets available beginning September, 2015. The winning ticket will be drawn at the Saturday night Banquet and Ball at the 69th Annual UOL Convention in 2016.

Tickets are \$5 each or 3 for \$10

To purchase tickets, please contact Carol Bentley
 Phone: (484) 678-3675
 Email: lebentley@gmail.com
 Mail: 818 Barley Sheaf Road Coatesville, PA 19320

Please visit HolyGhostuoc.org/2016

Holy Ascension UOL Celebrates Summer!

Submitted by Michael J. Komichak

Holy Ascension in Maplewood, NJ held its Senior UOL Chapter Annual meeting on Sunday, June 7, 2015 at the home of the Shevchuk family. Especially in the summer, our chapter likes to combine our meetings with a fun event such as a picnic. This not only makes the meeting more enjoyable for our chapter members, but holding a picnic allows us to encourage non-UOL members to participate. We always invite everyone in the parish to attend.

At this meeting, the Maplewood Chapter elected the following officers: Alexander Shevchuk, President; Gary Markowitz, Vice President; Oksana Shevchuk, Secretary; and Jack Roditski, Treasurer. We took a group picture, which became our chapter's submission to this year's Northampton Convention ad book. Head chef Halya Shevchuk, assisted by sous-chefs and party staff George, Alex, Kostyk, and Oksana, served up an array of tasty and healthy homemade picnic fare. Everyone in attendance appreciated their hospitality. We got our UOL business done somewhere between the grilled hamburgers and the dessert course. As for the moral of the story — make it fun, and people will come!



(Convention - continued from page 1)



how we need to continue to follow the right path. The Juniors then presented their committee reports for approval from the Junior Convention body.



We then met back together for the Convention picture with the entire Convention body. Everyone then went for lunch with the pizza buffet that everyone loved so much. The Juniors then proceeded to hold their elections for the upcoming year.

We then combined with the Seniors to present the Junior Reports to the Senior Convention Body along with the combined Junior-Senior reports. The Juniors then had their final round of Chapter Challenge in front of the entire Convention body. We then closed the 68th annual UOL with the annual singing of the

Ukrainian National Anthem.

The new and old Junior boards then met to establish what their jobs are and what needs to be accomplished in the coming year. Everyone gathered in the Chapel for Vespers. It was then time to get ready for the banquet. Once the banquet started the speeches and awards were then given out along with the presentations of the new executive boards. After dinner was over, the night continued with dancing and lots of excitement.

After an amazing evening, everyone woke up Sunday morning and attended Divine Liturgy led by His Eminence Metropolitan Antony, His Grace Bishop Daniel and many reverend fathers, deacons and seminarians. It was beautiful to be able to gather together to pray for the coming year. After the service the



new executive boards were sworn into office in front of everyone. Everyone then proceeded to the church hall for the farewell brunch and to say their goodbyes to friends.

On behalf of the entire Junior Ukrainian Orthodox League, I would like to thank the Hierarchs, the Convention Chairpersons, Martha Misko and Linda Winters, and the entire Convention Committee for the effort they put into this year's convention. It was a huge success! So many amazing memories were made at Convention this year, and I cannot wait until next year!



Junior Chapter Achievement Award Saints Peter and Paul Junior UOL Chapter- Youngstown, OH Submitted by Kateryna Kocelko

Saints Peter and Paul of Youngstown, Ohio was awarded the Junior Chapter Achievement Award for the second year in a row. They really set an example for the rest of the league of what it means to be a chapter in the Ukrainian Orthodox League. Youngstown truly exemplifies what the UOL stands for. The chapter has nine members, which is a decrease from last year, by one.

Of their members, three sing in the choir, six participated in the essay contest, all attend church school, four do Ukrainian dancing, one member is on the National Executive Board and two serve in the altar. The Chapter was busy with many fundraising activities such as their annual Slavic Festival, bake sales, and 50/50 raffles. They are also very active with the precious angel campaign and many breakfast fundraisers. The junior chapter members also participate in many church events and social activities. The chapter has made many donations such as "Souper Bowl Sunday," to the special fund for relief in Ukraine, and to the Great Lent Giveaway.

Saints Peter and Paul chapter was a great role model this year on how a junior chapter should participate. Congratulations on this achievement and I hope you continue to participate as much as you have been. Good Luck for next year!



**2015 L.S.S.K. Scholarship Recipients
Submitted by Alexis Schumacher**

At the 68th Annual Ukrainian Orthodox League Convention in Northampton, PA, the Lynn Sawchuk-Sharon Kuzbyt Memorial Scholarship Committee awarded three scholarships to outstanding Junior UOL members whose dedication to the Church and her League distinguished the recipients from their peers.

The scholarship was established in 1975 to perpetuate the memory of two lovely, dynamic young women whose untimely deaths left an indelible mark in the life of the Ukrainian Orthodox Church. In the last forty years, the UOL has awarded 148 scholarships totaling over \$175,000.

The Scholarship Committee considers the following criteria when reviewing applicants: being a current or past member of the Junior UOL; enrolled in or about to enroll in a program of advanced education; a record of outstanding performance in the service to the Holy Ukrainian Orthodox Church and the



UOL; academic performance in high school; involvement in extracurricular activities and be of high ethical and moral character. This year we awarded three deserving high school seniors with scholarships totaling \$3,350.00.

Elizabeth Little, from Boston, MA, has been an active member in her Jr. UOL chapter, serving as President since 2011. She has been instrumental in organizing the Jr. UOL's participation in their annual Youth Lenten Workshop, the "Souper Bowl" Sunday collection, Mt. Hope Cemetery Clean-Up and helped in any way possible during parish dinners and sales. Elizabeth is a well-respected young member of her parish, is a role model to all of the children and a true leader of Christ's teachings. Her school guidance counselor stated "Her intelligence, combined with her perseverance, will make her very successful in any field she chooses." Elizabeth's course load was very rigorous, taking many Honors and AP courses throughout her high school career and excelling above a 4.0 GPA. She was also inducted into the National Honor Society. Elizabeth's future plans include attending Bentley University in Waltham to study International Business with a minor in Spanish.

Andrea Linck, from Carteret, NJ, exhibits orthodoxy by leading as an example. She gives of herself, whether it is serving as President of her local chapter or holding a National Office on the Jr. Executive Board. This young lady did an outstanding job in leading and teaching the younger members about the responsibilities within the Jr chapter. Andrea also had the opportunity to complete two mission trips and once she returned home, she was enthusiastic to share everything the group accomplished. This deserving candidate participated in a rigorous college preparatory program where she excelled in all areas, while staying active in many school and community organizations. She was inducted into the Italian National Honor Society, Tri M Honor Society, and participated in marching band, concert band, jazz band and chorus. Andrea will be attending the University of New Haven and majoring in National Security Studies.

Juliana Leis, from Carnegie, PA, has been a member of her Jr UOL chapter for 9 years, serving as President and Vice-President, and served on the Jr. National Executive Board. She is an active participant in many areas of her parish's life. Her spiritual father said "enthusiasm, dedication and tenacity in her work, are inspiring to others of a good and loving spirituality in church and prayer." This young lady's extracurricular and community activities resume is remarkable, and she still managed to hold a GPA above a 4.0. Juliana won national recognition at PRIDE (anti-drug, anti-alcohol, anti-bullying community group) in three categories. She was also a participant in The Girl Scouts of America from Kindergarten to her senior year. In the fall, Juliana will be attending Kent State and majoring in English and French Studies.

The LSSK Scholarship Committee, on behalf of all donors and past recipients, congratulates **Elizabeth, Andrea and Juliana** on their accomplishments and wishes them the best of luck in the future! We thank the UOL members, friends and chapters for their support of this worthwhile scholarship.

Please remember that donations to the LSSK Scholarship are gratefully accepted at any time.

They can be mailed to: Financial Secretary - Alexander Shevchuk 1 Glenbrook Court Whippany, NJ 07981-2313

Lynn Sawchuk - Sharon Kuzbyt Scholarship

The Scholarship was established in 1975 to perpetuate the memory of two lovely, dynamic young women whose untimely deaths left an indelible mark in the life of the Ukrainian Orthodox Church.

**In Loving and Blessed Memory
of**



Lynn Sawchuk
1957-1974



Sharon Kuzbyt
1959-1975

In the last forty years, the UOL has awarded over **\$175,000** to **148** deserving leaders and future leaders of our holy Church.

Please continue to support our mission to honor Lynn and Sharon's memory by making a donation.

*They can be mailed to:
Alexander Shevchuk*

1 Glenbrook Court ~ Whippany, NJ 07981-2313

(UOL 101 - Continued from page 3)

Often when I speak to individuals about forming a UOL chapter, they respond, "we do so much in our church there is no room for another organization." When I hear this response, I challenge them to think about what organizations we have that connect you with other parishes. Where do you get to meet others of the same faith, to talk about issues related to an Orthodox parish? In fact, it is through the UOL that you get the energy and inspiration to do more. Where do you and those who are the cornerstone of your parish go to get inspired? Where do you recharge and get inspired from other Ukrainian Orthodox faithful? How do you connect with other parishes? How are you part of the bigger picture of the Ukrainian Orthodox Church of the USA? The UOL is the place for that.

Another common statement I hear is "we want an organization for our youth, a junior UOL, but not a senior chapter." Somehow the thought is that Ukrainian Orthodox Christians need to connect with others when young but as adults we do not. I would suggest that all of us are vital to the family. We certainly need to cultivate our youth to remain close to God and the Church, but we must diligently work to keep ourselves focused on the important things. It saddens me that sometimes we have families that drop out of the UOL as soon as their children go to college. We all need to focus on our relationship with God, our fellow Christians and Church. As a community, as a family, we need to learn to work together and the UOL (Junior and Senior combined) is how we learn to work together. Several years ago at a Convention, a hotel worker came up to me and asked about the organization. She stated that there are organizations with youth that have activities and organizations with adults, but it was rare to see an organization with everyone together. That comment stuck with me and I agree that the one of the gifts of the UOL is that we are all together, with babies, children, young adults, midlife adults and older adults. Sometimes it takes someone from the outside to recognize the wonderful gifts that we have been granted. The UOL is something we should treasure and do all that we can to grow and develop.

Meet the National Junior

Ukrainian Orthodox League Executive Board

Hello, my name is **Kateryna Kocelko** and I am blessed to have been reelected as President of the Junior Ukrainian Orthodox League National Executive Board for the 2015-2016 year. I am very excited to be working on the board for the fourth year. I live in Pittsburgh, Pennsylvania.

I attend Saint Vladimir's Ukrainian Orthodox Church in South Side, Pennsylvania. At Saint Vladimir's, I sing in the church choir, attend church school, teach church school, read the epistle and am treasurer of our junior chapter. I am also very active in church events such as festivals and fundraisers. I also have danced with Kyiv Ukrainian Dance Ensemble since I was three and now I teach the younger students.



This upcoming school year I will be a Senior in high school. I attend Keystone Oaks High School. I have played flute in concert band since fourth grade and I am a dancer in our marching band. I have been active in my Girl Scout troop since first grade and I still am. I have competed in the Pennsylvania Junior Academy of Science for the last four years.

I am also a member of my school's student senate, academic team, pep club, science club, National Honors Society and many other clubs. In my free time I enjoy spending time with my friends, being with family and attending Pittsburgh Steeler games.

Every year since I was eight I have attended either Diocesan Church School Camp or Teenage Conference. I also have been a "Big Sister" at the Mommy and Me /Daddy and Me encampment, and I love every moment I spend up at All Saints Camp.

I hope to serve the Junior UOL and the Church with as much dedication and love as the people before me. Please pray for all of us as we set out to accomplish God's will this year. I hope that we are as successful this coming year as we were in the past year.

Please feel free to contact any of us with questions or concerns throughout the year. If you need to contact me my email is kdkcutie25@yahoo.com, I will try to respond as soon as possible. I pray that the Lord will guide us all on the right path this year.

My name is **Erica Holowko** and I am the newly elected Vice President of the Junior National Executive Board. It is an honor to serve and I look forward to a productive year. I am a new member of the St. Demetrius Chapter in Carteret, N.J. I have attended All Saints Camp many times for Mommy/Daddy and Me, Church School Camp, Teenage Conference, and Family Fest.



Fest.

In school, I am a new freshman at Randolph High School, and when not engaged with my schoolwork, I actively participate in playing field hockey and lacrosse for my school. You may also know my three older brothers Nick, Andrew, and Chris; it's about time the girl in the family had a chance to contribute. So between Church, School, Hockey and friends, life is active and fun. I really am looking forward to this opportunity.

I anticipate a very meaningful and productive year working on the Board this year, and being able to enjoy my time with the other members while focusing on the goals of the League. I also plan to learn from others.

Please email me through the UOL Web Site or directly with any ideas or concerns. You will find many updates there during the year. Though, I will certainly be in touch with many of you.

Pryvit! My name is **Orest Mahlay** and I am very excited to join the National Executive Board as your Financial Secretary. I live in Broadview Heights, Ohio with my parents, grandfather, cat, and six chickens. I belong to Saint Vladimir Cathedral in Parma and participate in serving at the altar, parish fundraisers, cultural activities, and of course all UOL events. During the past few years I have been junior chapter president and love to work with our English and Ukrainian speaking youth.



Currently, I am a sophomore at Saint Ignatius High School in Cleveland and participate in the marching band playing clarinet. Outside of school I play piano, bandura, hammer dulcimer (tsymbaly), and Ukrainian folk flute (sopilka), as well as participate in Ukrainian dancing. On Saturdays, I attend the Taras Shevchenko Ukrainian School – the parish Ukrainian School. My other interests include the Eurovision Song Contest and current events in Ukraine.

I look forward to this upcoming year because I believe this new team of juniors can bring about the changes needed to attract new members. Contacting parishes with potential chapters, reaching out through social media, and transitioning towards more Ukrainian language can help bring about the results needed for our growth. If you have any suggestions or questions, contact me at orest.mahlay@gmail.com. Also, follow the new Junior UOL Twitter @jrUOLoftheUSA.

Hi, my name is **Kira Kuzmenchuk** and I am very excited to begin my second year as the Junior Ukrainian Orthodox League National Executive Board Treasurer. I am also now the chairperson of the Fundraising and Cultural committee. I live in Coatesville, Pennsylvania with my parents and my two brothers. I go to the Holy Ghost Ukrainian Orthodox Church in Coatesville. I joined at the age of 2 and have been a member ever since. I participate in many things such as the Annual Fall Bazaar, my local UOL chapter, attending church school and much more.



This year I am going to be a senior at Coatesville Area Senior High School. I am now beginning the process of applying to colleges and scholarships with a hope of becoming an engineer after I graduate. I am also in my 4th and final year of marching band. I am a keyboard player in both the Marching Band pit and the Indoor Drumline. In my spare time I like to swim, write, read, and spend time with family and friends.

I really look to continuing from where I left off in my goals of improving the Jr. UOL as a whole, as well as increasing membership. If anyone needs to get in touch with me at any time or has any questions regarding the Jr. UOL, please feel free to contact me at jr.nebtreasurer@gmail.com.

Hi, I'm **Sophia Dobronos**, and I'm excited to be the new Secretary for the National Jr. Board! I live in Brecksville, Ohio, and I have one brother, Mike, and a dog named Max. I love spending time with my whole family, and they are very important in my life. I attend St. Vladimir Ukrainian Orthodox Cathedral in Parma, Ohio. I am in a Ukrainian dance ensemble, Kashtan, and have danced since I was five!

I'm a sophomore at Brecksville-Broadview Heights High School, so I'm almost halfway done!! I also play lacrosse for my school. Outside of school, I wake up at 5AM and workout at Crossfit with my Aunt and Uncle. It's hard, but I love the challenge! One thing I love to do is watch sports; I'm obsessed with it! I watch every Cavs, Browns, and Ohio State Game, and I know a lot of random facts and stats, too! Other than that, I like to hang out with my friends and family, listen to music, run, and swim.



I have been going to All Saints Camp as long as I can remember. When I was a kid, I went to Mommy&Me/Daddy&Me with my brother and my dad. I went to DCSC, and now I go to TC. If you've never been to camp, I recommend going, it's awesome!

Well, that's just a brief summary about me. If you want to know anything else, feel free to email me: smdobronos@aol.com.



“To everything there is a season”

Ecclesiastes 3:1

Lenten Retreat



Bethlehem, PA

April 2, 2016



This year the retreat will focus on the challenges we all face throughout life, looking at the psychological stages of life.

Fr. Anthony Perkins will speak about how to face these challenges from an Orthodox perspective.

Country Zabava

October 24, 2015

Philadelphia, PA



Come learn country line dancing!
Dress as a cowboy or cowgirl!!

Or perhaps a horse!

Come and have fun in the City of Brotherly Love (the heart of country?!?!?)! Enjoy dinner, dancing and fun!

For more information and tickets contact Natalie nsufler@aol.com

Please note: WE ARE UPDATING OUR MAILING LISTS

IF YOU HAVE NOT PAID MEMBERSHIP DUES YOU MAY BE RECEIVING A LETTER INDICATING THAT YOUR SUBSCRIPTION TO THE UOL BULLETIN IS EXPIRING.

PLEASE PAY YOUR CHAPTER DUES OR DUES AS A MEMBER AT LARGE TO BE CERTAIN THAT YOU CONTINUE TO RECEIVE THE UOL BULLETIN.

THANK YOU FOR YOUR CONTINUED SUPPORT!!

if you have questions - please contact Natalie at nsufler@aol.com

HOLODOMOR MEMORIAL DEDICATION CEREMONY 2015

Washington, D.C.

Friday, November 6
7 P.M.
Exhibit Opening/Reception

Saturday, November 7
2 P.M.
Dedication Ceremony
10 A.M. - 7 P.M. Exhibit

Sunday, November 8
2 P.M.
Concert



UOL TRIBUTES

UOL Tribute

A donation to the Tribute Fund is an acknowledgment of a Milestone, Memorial, or Accomplishment, or is a Special Recognition of an individual or group.

Your much-appreciated contribution is used to support and further the Mission of the Ukrainian Orthodox League. All donations are published in the UOL Bulletin.

Donor Occasion/Tribute

There are no Tributes this month.

Have you been wanting to honor or thank someone special?

The tribute fund is the ideal way

to honor someone or commemorate a special event!

It is very easy to submit a Tribute.

Don't put it off -- send your tribute today!!

To submit your Tribute:

Submit a card that includes your Name and Address, the Name of the Person to Receive the Tribute, the occasion of the Tribute (for example In Memory or To Honor), and the Name and Address of the person to whom an acknowledgement card should be sent.

For a contribution of \$20 or more, the name and occasion is printed in the UOL Bulletin.

UOL Tributes should be submitted to:
Natalie Bilynsky 703 Pine Ridge Road Media, PA 19063.

Please make check payable to Ukrainian Orthodox League.



ATTENTION BULLETIN READERS:

We haven't moved but our post office has -- when submitting items for the UOL Bulletin - please note change in address: Natalie Bilynsky 703 Pine Ridge Road MEDIA, PA 19063

UOL Bulletin
c/o Natalie Bilynsky
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